



## KAFCS News, December 2012

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### Mark your calendars:

#### **United Associations Conference**

March 7-8, 2013  
Wichita, Kansas

#### **AAFCS Annual Conference**

June 26-29, 2013  
Houston, Texas

### Websites:

[www.kafcs.org](http://www.kafcs.org)

[www.aafcs.org](http://www.aafcs.org)

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**Kafcs Community**



### President's Message

I feel very blessed to be a Family and Consumer Sciences professional and I'm grateful for the opportunity to be in a leadership role with KAFCS. We need each other – to learn and grow in our profession -- to provide encouragement, support, and mentoring – to be the best we can be for those whose lives we touch.

The KAFCS board is working through a time of transition. Here are some highlights:

- Officer responsibilities and timeline have been modified to include work formerly done by our executive director.
- Established goals for KAFCS. (A complete list of goals can be found in this newsletter.)
- Continue to work on a FCS marketing plan.
- Website changes. This is a work in progress. Janet Holden is leading the way in creating a new design and framework for our KAFCS website. We'll let you know when the new website is up!
- Communicating with membership. Our key communication strategies will include website updates, electronic newsletters and messages (mailing to those who do not have email), and social media.
- Mentoring new FCS professionals/leaders; recognizing accomplishments of members; and increasing membership are priorities.

I hope you will join us for the United Associations Conference in March. Our KAFCS business meeting will be at 8:30 a.m. on Thursday, March 7.

Wishing you a happy, healthy and meaningful holiday season and new year!

*Sharolyn Flaming Jackson*  
KAFCS President

## **KAFCS Seeking Award Nominations**

It seems in these times of budget cutbacks and limited career mobility, we may feel challenged to find the bright spots in our professional roles. There is an easy way you could brighten a colleague's day by nominating them for a KAFCS state award.

Being recognized for the good work we do can help us stay motivated. It is also a positive and exciting way to communicate to our supervisors, administrators, and community members the many ways our Family and Consumer Sciences careers touch the lives of our patrons, clients and students.

Many of these awards also qualify candidates for national recognition. The following awards are open for nominations:

**Distinguished Service Award  
Extension Award  
Friend of the Family Award  
Leaders Award  
Martha Streeter New Achievers Award  
Outstanding HS Student Scholarship  
Teacher of the Year**

Link to award applications and guidelines:  
<http://www.kafcs.org/awards.html>

Award applications are due January 15. Submit materials electronically to Deb Andres or mail hard copy on or before January 15.

Please consider nominating a colleague or yourself for one the many different awards made available through KAFCS. If you have questions, please drop a line or call!

*Deb Andres*  
KAFCS VP of Operations  
Department of Curriculum and Instruction  
BH 319, Kansas State University  
(785) 532-5952

## **United Associations Conference March 7- 8, 2013 Sedgwick County Extension Center Wichita, Kansas**

United Associations Conference (UAC) will offer participants diverse opportunities for professional development.

Concurrent sessions will be offered in three tracks: Developing Professionalism Healthy Families and Communities, and Food, Nutrition, and Wellness. Keynote speaker will be Dr. Lindsey Shirley, FCS Teacher Educator and Extension Specialist at Utah State University. Dr. Shirley's presentation will focus on the use of technology in communicating with students and clientele.

Associations involved in planning the conference are Epsilon Sigma Phi, Kansas Association of Family and Consumer Sciences, Kansas Association of Teachers of Family and Consumer Sciences, and Kansas Extension Association of Family and Consumer Sciences. Members of these organizations, and others interested in professional development in the tracks offered, are encouraged to plan to attend.

Registration materials will be available on-line ([www.kafcs.org](http://www.kafcs.org)) the first week in January and early bird registrations are due February 15. Cost of early bird registration is \$75 for one day or \$120 for both days. Regular registration, after February 15 will be \$100 for one day and \$145 for both days.

*Jan Stephens*  
UAC coordinator  
[stephens@lcwb.coop](mailto:stephens@lcwb.coop)

## AAFCS Leading by Example

A new AAFCS Community has formed on Obesity Prevention. This association has worked to address challenging social and economic issues for over 100 years, and today's obesity epidemic is no different. Eating nutritious foods and engaging in daily physical activity is a proven approach to maintaining healthy weight and decreasing the risk for obesity.

The new Obesity Prevention Community of Practice is an outgrowth of the *Taking It to the Streets* initiative. They invite you to join a 3-month Wellness Campaign: "Healthy Lifestyles – AAFCS Leading by Example," January 5 through April 5, 2013. During this time members are encouraged to be physically active (30 minutes or more, 5 days per week) and to choose nutritious foods based on USDA MyPlate guidelines.

More information will be coming! We will document members' efforts and forms/websites will be provided for tracking and support. Accomplishments will be announced at the 2013 AAFCS Annual Conference. We hope Kansas affiliate members will truly lead by example!

## Member Achievements

**Marla Sterling** is the recipient of the 2012 AAFCS New Achiever Award. She received her B.S. degree from Pittsburg State University and is a Family and Consumer Sciences Instructor at Cherryvale Middle/High School. The award was presented during the AAFCS Annual Conference this past June in Indianapolis. Congratulations Marla!

**Brennan Randal** was selected to exhibit her original design "Bahari Dream" at the Community of Apparel, Textiles & Design Juried Design Showcase at the AAFCS Annual Conference in Indianapolis. Brennan is a student at Kansas State University. We're proud of you Brennan!

**Janet Holden**, CFCS, passed the credentialing exam in June. She has also been selected to participate in the AAFCS Leadership Academy. Janet is a 2012 KSU graduate and teaches FCS at Council Grove High School. Great job Janet!

**KAFCS members** quoted in news article:  
[http://www.kansascity.com/2012/11/19/3926262/home-economics-spans-many-fields.html?story\\_link=email\\_msg](http://www.kansascity.com/2012/11/19/3926262/home-economics-spans-many-fields.html?story_link=email_msg)



Members of the Kansas Affiliate in attendance at the 103rd AAFCS Annual Conference in Indianapolis!

## KAFCS Board

Sharolyn Jackson, President  
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## KAFCS 2012-2013 Goals

- 1) Coordinate a multi-organization effort to provide a 2-day professional development conference to Kansas FCS professionals.
- 2) Research, coordinate and implement a media campaign for target audiences to enhance and/or build support for Family and Consumer Sciences in Kansas.
- 3) Communicate the mission, purpose and work of AAFCS and KAFCS to active members and potential members through an updated website.
- 4) Recruit, support and mentor new FCS professionals and develop future leaders of KAFCS.
- 5) Continue measures needed to provide sound and fiscally responsible leadership to ensure the future of KAFCS.

*This newsletter is for members of the Kansas Association of Family and Consumer Sciences. Photos and articles from and about members are welcome.*

*The American Association of Family and Consumer Sciences (AAFCS) is a not-for-profit 501(c)(3) organization with 10,000 members dedicated to improving quality of life for individuals and families. AAFCS and its affiliates may accept charitable contributions, which are tax deductible to the fullest extent of the law.*